

Meat + Potato Man



(32 count, four wall line dance)
135 BPM
Choreography by Norm Gifford

MUSIC: Meat and Potato Man - Brice Long

(Right oblique lock-step, brush forward, left oblique lock-step, brush forward)

- 1-4 Right step oblique; left lock behind right foot; right step oblique; left brush
- 5-8 Left step oblique; right lock behind left foot; left step oblique; right brush

(Crossover, step back into ¼ turn right, chassè right, crossover, replace, turn ¼ left with shuffle step forward)

- 1-2 Right crossover; left replace back turning ¼ right
- 3&4 Chassè right (RLR)
- 5-6 Left crossover; right replace turning ¼ left
- 7&8 Shuffle steps forward (LRL)

(Rock step forward, replace back, long step back with slow draw together, ¼ left turning sailor step, step forward, hold)

- 1-2 Right rock-step forward; left recover back on left
- 3-4 Right long step back; draw left foot slowly together without weight
- 5-8 Left sweep back turning ¼ left; right together; left step forward; hold

(Grapevine right, touch together, long step side with slow draw together, step back, replace forward; brush forward)

- 1-4 Right step side; left behind; right step side; left touch together
- 5-6 Left long step side; right draw slowly together
- &7-8 Right step slightly back; left replace forward; right brush forward